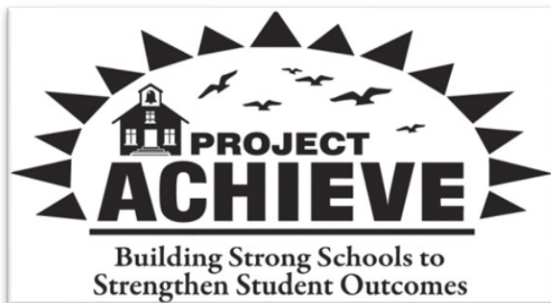


Coping with Stress in a Stressful World: Teaching Students How to Manage Their Emotions, Thoughts, and Behavior

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